

Table 2. Side-effects and experiences of the Surgery and Active Monitoring treatment approaches

	Surgery Approach	Active Monitoring Approach
Common side-effects or experiences	<ul style="list-style-type: none"> ● Scar (small from lumpectomy, larger from mastectomy). ● Pain in breast, chest or arm, which may be long lasting. ● Loss of skin sensation around scar or across breast. ● Blood or clear fluid collections in the wound that slow recovery process. ● Concern about the new physical appearance of your breast. ● Uneven breasts. ● Worry about DCIS recurrence or cancer development or progression despite having had treatment. ● Radiation therapy causes fatigue, a sunburn like effect, and changes in the texture of the breast. 	<ul style="list-style-type: none"> ● As active monitoring is the first course of treatment, the natural breast remains unchanged. ● Missing work and usual activities for each 6-month mammogram and check-up. ● Discomfort during mammogram. ● Anxiety while waiting for results of mammogram. ● Worry that more DCIS could be found, or that the DCIS could grow, or invasive cancer might be found
Less common side-effects and experiences	<ul style="list-style-type: none"> ● Swelling in the breast or arm (lymphedema) if nodal surgery is performed. ● Wound infection requiring antibiotics. ● Shoulder pain and reduced ability to move arm and shoulder. ● Difficulty adjusting to new body image. ● Negative impact on sexuality or sexual activity. ● Complications from reconstruction (if undertaken) ● Rare serious side effects of anesthesia 	<ul style="list-style-type: none"> ● If you change to surgery later, you may experience the same risks of side effects as listed to the left.